

CERT CONNECT



this issue

- ✓ 7 STEPS TO EARTHQUAKE SAFETY
- ✓ SEARCH & RESCUE SIZE-UP
- ✓ SEARCH MARKINGS
- ✓ GRANTS TO RETROFIT YOUR HOME



Seven Steps to Earthquake Safety

One of the most effective ways to promote preparedness in our community is through neighbor to neighbor conversations. The Seven Steps to Earthquake Safety is an easy and effective way to help your neighbors plan and prepare.

Step 1: **Secure Your Space**

Identify hazards and securing moveable items.



Step 2: **Plan to Be Safe**

Create your emergency plan and deciding how you will communicate.



Step 3: **Organize Emergency Supplies**

Make sure that they are easily accessible.



Step 4: **Minimize Financial Hardship**

Organize important documents, strengthening your property, and considering insurance coverage



Step 5: **Drop, Cover and Hold**

Practice with your family and friends.



Step 6: **Improve Safety**

By evacuating if necessary, helping the injured, and preventing further injuries or damage.



Step 7: **Reconnect and Restore**

Reunite, repair damage, and begin rebuilding your community.



TRAINING

CERT members are encouraged to keep learning and seeking out classes that will strengthen their skills.

**BE RESPONSIBLE!
BE READY!**



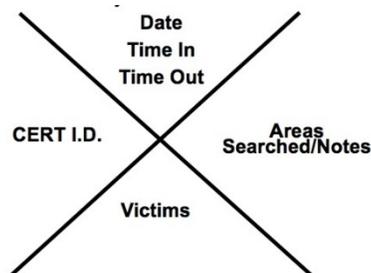
SIZE-UP, ALWAYS FIRST STEP

In any CERT operation the Team members need to conduct a size-up before taking any actions. The nine steps of size-up are:

1. Gather Facts
2. Assess Damage
3. Consider Probabilities
4. Assess Your Situation
5. Establish Priorities
6. Make Decisions
7. Develop Plan of Action
8. Take Action
9. Evaluate Progress

Search Markings

Experienced search and rescue personnel use the following system. CERTs will use the same system. This will save time for fellow CERT volunteers and other responders during the search and continual size-up of the structure.



JOIN OUR TEAM



We're still looking for volunteers to join our team and help promote emergency preparedness districtwide!

VOLUNTEER SUPPORT OPENINGS!!

- CERT Co- Instructor
- Logistics Cache Team Member

Sign-Up on the New Website

www.menlofirecert.com

Registration Opens Oct 27th!



Grants to Seismic Retrofit Your Home!

Get up to \$3,000 Toward an Earthquake Retrofit

Earthquake Brace + Bolt (EBB) helps homeowners lessen the potential for damage during an earthquake. EBB offers a grant of up to \$3,000 toward a seismic retrofit for qualifying older houses. [EBB Program Information](#)





CERT DISASTER READY QUIZ

Each month two individuals will be entered into a raffle to win an emergency preparedness prize. In order to be eligible for the raffle, you will need to submit your answers through this [online form](#). You must answer all 5 questions correctly to be eligible for the raffle.

<p>1. CERTs describe different locations within and around the structure by using the _____.</p>	<p>A. cardinal compass points. B. left, right, front and rear nomenclature. C. A, B, C, D standard. D. clock bearing standard.</p>
<p>2. Size-up includes these nine steps: Gathering facts; Assessing damage; Considering probabilities; _____; Establishing priorities; Making decisions; Developing a plan of action; Taking action; and Evaluating progress</p>	<p>A. Airway, breathing, circulation B. Time of day C. Resources available D. Assessing your situation</p>
<p>3. During search and rescue operations the top priority is always?</p>	<p>A. Focus your efforts on those who are trapped. B. Rescuer safety C. To minimize the time, you are in a damaged building. D. Make sure that no victims are missed.</p>
<p>4. _____ cribbing means arranging wood pieces alternately to form a stable structure.</p>	<p>A. Rectangle B. Circle C. Triangle D. Box</p>
<p>5. Which of the following is not a standard member of cribbing team?</p>	<p>A. Group leader B. Scribe C. Crib person D. Lever person</p>

Raffle
Enter to win!



Weather Alert Radio